

Jail Is Not the Answer:

Support for People with Mental Health and Substance Use Disorders in Thurston County

These slides were presented at a forum about how programs in Thurston County are working to prevent people with mental health and substance use disorders from entering the criminal justice system. February 1, 2022 The forum was presented by NAMI Thurston/Mason and Justice not Jails. Presenters:

- 1. Carrie Hennen, Treatment Sales Tax Program Manager
- 2. Jason Bean-Mortinson and Joe Avalos, Thurston County LEAD Program
- 3. Anne Larsen, Olympia Crisis Response Unit
- 4. Robert Almada, Lacey Chief of Police



Background– Behavioral Health Needs in Criminal Legal System

Carrie Hennen Thurston County Public Health and Social Services Treatment Sales Tax Individuals with behavioral health needs are overrepresented in the criminal legal system...

- Washington Department of Social and Health Services (2016): Over half (58%) of Medicaid enrollees booked into jail have mental health treatments needs, 61% have substance use disorder treatment needs and 41% have indicators of co-occurring behavioral health disorders.
- U.S Department of Justice Programs/ Bureau of Justice Statistics (2017): 44% of jail inmates have a mental health disorder.
- Urban Institute (2015): An estimated 56% of state prisoners, 45% of federal prisoners, and 64% of jail inmates have a mental health condition.

These figures are likely at least 3x higher than rates of behavioral health concerns in general population. Widely used conceptual framework adopted by Substance Abuse and Mental Health Services Administration (SAMHSA)

- → People move through the criminal legal system in predictable pathways
- → At each stage, there should be mechanisms in place to identify and intercept people with behavioral health needs and divert them to treatment wherever possible

Sequential Intercept Model



Tonight's focus: Intercepts 0-1

• What resources are available to connect individuals with behavioral health needs with services before they are arrested/ booked?





Olympic Health & Recovery Services

Joe Avalos, Olympic Health and Recovery Services Administrator Jason Bean-Mortinson, Thurston County LEAD Program Manager



Olympic Health & Recovery Services (OHRS)

- •OHRS is a licensed behavioral health agency primarily serving Thurston and Mason Counties founded at the direction of the Thurston-Mason Behavioral Health Governing Board in January 2018, to fulfill a need in the community through crisis, jail diversion, housing, and peer support programs.
- •Our agency is led by a Governing Board comprised of 2 Thurston County Commissioners and 1 Mason County Commissioner.
- •<u>Our Mission</u>: Provide access to an effective, reliable safety net of behavioral health crisis and recovery support services throughout our region.



OLYMPIC HEALTH & RECOVERY SERVICES



Olympic Health & Recovery Services (OHRS)

Crisis Services

- 24/7 Crisis Hotline
- Mobile Crisis Teams/Crisis Stabilization
- Law Enforcement Co-Responder (Olympia PD/Lacey PD)
- Designated Crisis Responders (DCR) Involuntary Treatment Act (ITA)

Jail Diversion Services

- Trueblood
- Jail Mental Health Treatment (TCCF, Mason County Jail, Olympia City Jail)
- LEAD/Recovery Navigator Program (Thurston & Mason County)
- TCCF CDP Program

Hospital Diversion Services

- Western State Discharge
- Peer Bridgers
- Housing and Recovery through Peer Service (HARPS)



OLYMPIC HEALTH & RECOVERY SERVICES



Law Enforcement Assisted Diversion (LEAD)

- Contracts with Thurston County and Mason County Public Health Dept.
- Arrest diversion, social contact, and community referrals
- Substance Use Disorder Professional (SUDP) assessment and Individualized Service Planning
- Peer support case management using a harm reduction approach
- Client support costs (Rental assistance, transportation, identification, food, etc.)
- Thurston LEAD
 - 3 FTE Peers
 - 1 FTE SUDP
- Health Care Authority (HCA) Recovery Navigator Program funded expansion of LEAD to meet legislative requirements in response to the Blake Decision (ESB5476)
 - 3 FTE Peers
 - 1 FTE SUDP



OLYMPIA POLICE DEPARTMENT

CRISIS RESPONSE UNIT





CRU Nature of Crisis 2021



CRU Referrals 2021



CRU Referrals 2021 - Continued



CRU Referrals 2021 - Continued



CRU Transports 2021





OLYMPIA POLICE DEPARTMENT

FAMILIAR FACES









FF Referrals 2021



FF Transports 2021



FF Transports 2021 - Continued





PUBLIC SAFETY INITIATIVES

COMMUNITY RESOURCE UNIT



- 2-person Team
- Proactive Outreach to Houseless Population in Lacey
- Connecting People to Coordinated Entry and other Services
- 5-days/Week





- 4-person, Crisis-Response Team
- Peer Specialists
- Case Managers
- 7-days/Week
- Started August 23



MOBILE OUTREACH TEAM

RAPID-RESPONSE CLEAN-UP

- 2-person, Public
 Works Team
- Clean up of
 Abandoned Homeless
 Encampments
 on Public Property
- Responds to:
 Litter, Debris,
 Shopping Carts,
 and Graffiti

