

Spirit Play is based in story and ritual, play and creativity. It gives children the tools to make meaning of their lives and questions such as Who am I, Where did I come from, and What is my purpose within the container of Unitarian Universalism.



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Spirit Play

**AT OLYMPIA UNITARIAN
UNIVERSALIST
CONGREGATION**



MONTESSORI BASED

We use the Montessori approach with key elements of a prepared classroom environment, child-directed activities, and trained teachers. These elements free the children to choose their own focus after an initial lesson or story within a safe and sacred structure shepherded by adults.

*Spirit Play is offered during
worship service times, and
is open to children ages 3
to 11.*

THREE ELEMENTS OF SPIRIT PLAY:

Storytelling

Teachers use crafted story baskets to actively tell stories chosen for themes of: UU Identity and History, World Religions, the Cosmic Story, Nature and Science, and Prophetic people whose deeds show us the way

Wondering Questions

Questions are posed to encourage active wondering. There aren't any single right answers, reflecting the open theology of Unitarian Universalism.

Child-Directed Activities

Following the storytelling and wondering questions, children pursue independent worktime, a time of child-directed activities using curated materials found in the prepared environment including: art, nature exploration, spiritual practice and meditation, building sacred spaces with wooden blocks, making their own stories, creating home, creating altars, and more.