



January 15, 2023

“On Power”

Rev. Mary Gear

We explore the spiritual theme of “power” on this weekend when we celebrate the life and work of Rev. Dr. Martin Luther King, Jr.

*Please help us ensure a meaningful experience for all in attendance online and in-person.
Kindly silence your cell phones. Hearing assistance devices are available in the sanctuary at the tech desk.*

Prelude

Troy Fisher (he/him)

Morning Song

Troy Fisher

#125 “From the Crush of Wealth and Power”

Words: Kendyl L. R. Gibbons / Music: Peter Cutts

Welcome

James Trujillo (he/him)

Lighting the Chalice

James Trujillo

Words by Heather K Janules

Opening Words

Rev. Mary Gear

By Rev. Dr. Rebecca Parker

Opening Hymn

Troy Fisher

#34 “Though I May Speak with Bravest Fire”

Words: Hal Hopson / Music: Trad. English melody, adapt. By Hal Hopson

Story for All

Elijah and the Still Small Voice

Adapted from *Hebrew scripture (I Kings 19:11-12)*

Rev. Sara Lewis

Musical Interlude

Troy Fisher

Share the Plate Offering

James Trujillo

Offertory

“I Dream a World”

Words: Langston Hughes / Music: Andre J. Thomas

OUUC Choir

Ritual of Sharing from the Heart

Rev. Mary Gear

Prayer

Words by Barbara Hamilton-Holway

Rev. Mary Gear

Musical Response #1038 “The 23rd Psalm”

Words: Psalm 23 adapted Bobby McFerrin / Music: Bobby McFerrin

OUUC Choir

Reading: An excerpt from How We Show Up
by Mia Birdsong

James Trujillo

Reflection on Power Part I

Rev. Mary Gear

Musical Interlude

Troy Fisher

Reading: An excerpt from a speech by The Rev. Dr. Martin Luther King, Jr., “Where Do We Go From Here?” at the Southern Christian Leadership Conference in Atlanta, GA on August 16, 1967

James Trujillo

Reflection on Power Part II

Rev. Mary Gear

Closing Hymn #1017 "Building a New Way"*Troy Fisher*

Words & music: Martha Sandefer, arr. Jim Scott

Extinguishing the Chalice*Rev. Mary Gear*

Words of the Rev. Dr. Martin Luther King, Jr.

Unison Benediction*Troy Fisher*

Words: Rev. Mary Gear / Music: Troy Arnold Fisher

May you know the Spirit in you.

May you know the Spirit in me.

With loving and healing, doing and being,

May you know the Spirit in All.

Postlude*Troy Fisher***Reflection questions:**

What are your thoughts and feelings about power?

When have you felt that you had power?

What do you think about King's statement that power and love are connected?

Next Sunday, January 22: The Sacredness of the Flesh Rev. Sara Lewis

On this 50th Anniversary of the Roe v Wade decision, and in the face of current threats to both reproductive justice and trans-rights, we will explore the sacredness of all bodies and a call for justice, love, and care for every body.

Share the Plate Offering: For the month of January, our Share the Plate recipient is The Catholic Community Services Community Kitchen. The Catholic Community Services Community Kitchen provides life sustaining meals to those living unsheltered or in temporary shelters. The Kitchen serves Lunch and Dinner throughout the year to individuals, children, families, and veterans living in poverty, and struggling under the effects of intolerance and racism. Your gift will help the Community Kitchen produce more than 100,000 meals for our hungry neighbors in 2023.

If you write a check, be sure to make a notation indicating "pledge" if it is a pledge payment. Other donations will benefit the Share the Plate program. Checks can be mailed to OUUC at 2315 Division St NW Olympia WA 98502. Donate online at <https://onrealm.org/OUUC/give/offering>

Donate by text. Text "OUUC offering" to 73256 to give using your mobile device. This number will never send unsolicited texts to you. To cancel further messages, text STOP. If you need assistance with text giving, text HELP. Standard text message and data rates may apply.

The Final Stretch!

The Capital Campaign less than \$75,000 away from our goal of \$544,000. What's amazing is that just over half of our members have committed to Fund Our Future, yet we're way over halfway to our congregational goal. If you haven't had a chance to make your commitment, help us get there by donating to the campaign today at <https://onrealm.org/OUUC/-/form/pledge/2022-2025capital> or scan the QR code below:



Our goal averages to a commitment of around \$1,000 per member (\$2,000 per couple) over the course of 3 years. To clarify, this is not an expectation that all members can or will be able to commit \$1,000 – that's just the average. Because of a huge boost from George Lanning, the rest of our congregation only needs to contribute a total of \$293,000. As of Friday, we just need \$74,889 to FINISH THIS CAMPAIGN!

Questions? Visit ouuc.org/giving/ouuc-capital-campaign or ask any of the Capital Campaign Committee members: Frank Winters, Elizabeth Rodrick, James Trujillo, or chair Barry Zickuhr

All Ages Game Night!

Saturday, Jan 28th, 4-8pm. Join us for potluck dinner and boardgames. All Ages welcome.

Community Dinner for All!

Thursdays at 5:30 p.m. Join us every Thursday for the Community Dinner.

Upcoming dinners include:

- Jan 19th: Eat the Rainbow
- Jan 26th: Competitive Chili Cook Off (sign up to bring chili!)

For more information or to help with dinners, email Rev. Sara at dre@ouuc.org

Thursday Night Spiritual Practice

Thursdays, 7pm. Join us for Spiritual Practice online and in person. Thursday Evening Spiritual Practice is an opportunity to pause and catch up with ourselves mid week. Spiritual practice is the act of connecting to ourselves, to each other, and to something greater.

Building the World We Dream About

Thursday evenings 6:30-8:30 pm November 10th to May 18th

Facilitators: Rev. Mary, Rev. Sara, Tiffany Felch, & Anne Hundley

Location: MultiPlatform (in person and on Zoom)

Building the World We Dream About is a Unitarian Universalist program that seeks to interrupt the workings of racism and transform how people from different racial/ethnic groups understand and relate to one another. The class has a total of 24 sessions. For those wishing to join for only certain sections of the class, we will ask that you do some "homework" to catch up on some of the earlier class sessions you missed.