



January 22, 2023

“The Sacredness of the Flesh”

Rev. Sara Lewis

On this 50th Anniversary of the Roe v. Wade decision, and in the face of current threats to both reproductive justice and trans rights, we will explore the sacredness of all bodies and a call for justice, love, and care for every body.

*Please help us ensure a meaningful experience for all in attendance online and in-person.
Kindly silence your cell phones. Hearing assistance devices are available in the sanctuary at the tech desk.*

Prelude

Troy Fisher (he/him)

Morning Song

Troy Fisher

Hymn #347 “Gather the Spirit”

Words & music: Jim Scott

Welcome

Janet Spencer (she/her)

In Memoriam: Karen Krueger

Rev. Mary Gear (she/her)

Musical Interlude

Troy Fisher

Lighting the Chalice

Janet Spencer

Love Can Transform the World

by Maureen Killoran

Opening Words

Rev. Sara Lewis (she/her)

You Are Welcome Here

by the Rev. Dr. Debra W. Haffner

Opening Hymn Hymn #1074 “Turn the World Around” Word & music: Harry Belafonte and Robert Freedman	<i>Troy Fisher</i>
VIDEO: On Power	<i>Tiffany Felch (she/her)</i>
Musical Interlude	<i>Troy Fisher</i>
Share the Plate Offering	<i>Janet Spencer</i>
Offertory	<i>Troy Fisher</i>
A Ritual for Reproductive Choice by Julia Hamilton	<i>Rev. Sara Lewis</i>
Musical Interlude	<i>Troy Fisher</i>
Ritual of Sharing From the Heart	<i>Rev. Mary Gear</i>
Prayerful Practice	<i>Rev. Mary Gear</i>
Musical Response Hymn #391 “Voice Still and Small” Words & music: John Corrado	<i>Troy Fisher</i>
First Reading: <i>The Body is Not an Apology</i> by Sonya Renee Taylor	<i>Janet Spencer</i>
First Homily: <i>Sacred Bodies</i>	<i>Rev. Sara Lewis</i>

Musical Interlude

Troy Fisher

Second Reading: *Choice*

Janet Spencer

by Alex Kapitan

Second Homily: *Sacred Choices*

Rev. Sara Lewis

Closing Hymn

Troy Fisher

Hymn #126 “Come Thou Fount of Every Blessing”

Words: v. 1, Robert Robinson, adapt., vs. 2-3,

Eugene B. Navias

Music: John Wyeth

Closing Words and Extinguishing the Chalice

Rev. Sara Lewis

Unison Benediction

Troy Fisher

Words: Rev. Mary Gear / Music: Troy Arnold Fisher

May you know the Spirit in you.

May you know the Spirit in me.

With loving and healing, doing and being,

May you know the Spirit in All.

Postlude

Troy Fisher

Reflection questions:

- What do you find easy to celebrate and love about your body and what is a struggle to celebrate and love?
- How can you practice more radical love toward yourself and every other body?

For Pastoral Care: If you'd like support after today's service, you can contact the Pastoral Care Team at pastoralcare@ouuc.org. You can contact Rev. Sara at dre@ouuc.org and Rev. Mary at minister@ouuc.org

After-Service Programming: None.

Next Sunday, January 29: "Power of Money" with Rev. Mary Gear. In this month where we grapple with the spiritual theme of power, we explore the role of money and its power in our lives and world.

Share the Plate Offering: For the month of January, our Share the Plate recipient is The Catholic Community Services Community Kitchen. The Catholic Community Services Community Kitchen provides life sustaining meals to those living unsheltered or in temporary shelters. The Kitchen serves Lunch and Dinner throughout the year to individuals, children, families, and veterans living in poverty, and struggling under the effects of intolerance and racism. Your gift will help the Community Kitchen produce more than 100,000 meals for our hungry neighbors in 2023.

If you write a check, be sure to make a notation indicating "pledge" if it is a pledge payment. Other donations will benefit the Share the Plate program. Checks can be mailed to OUUC at 2315 Division St NW Olympia WA 98502. Donate online at <https://onrealm.org/OUUC/give/offering>

Donate by text. Text "OUUC offering" to 73256 to give using your mobile device. This number will never send unsolicited texts to you. To cancel further messages, text STOP. If you need assistance with text giving, text HELP. Standard text message and data rates may apply.



Weekly Announcements

Sunday, January 22, 2023

The Final Stretch!

The Capital Campaign needs commitments of \$62,000 to meet our goal of \$544,000. The campaign ends January 31 whether we've met that goal or not, so please take the time and commit now! What's amazing is that barely half of our members have committed to Fund Our Future, yet we're way over halfway to our congregational goal. If you haven't had a chance to make your commitment, help us get there by donating to the campaign today at <https://onrealm.org/OUUC/-/form/pledge/2022-2025capital> or scan the QR code below:



Our goal averages to a commitment of around \$1,000 per member (\$2,000 per couple) over the course of 3 years. To clarify, this is not an expectation that all members can or will be able to commit \$1,000 – that's just the average. Because of a huge boost from George Lanning, the rest of our congregation only needs to contribute a total of \$293,000. As of Friday, we just need \$61,989 to FINISH THIS CAMPAIGN! Questions? Visit ouuc.org/giving/ouuc-capital-campaign or ask any of the Capital Campaign Committee members: Frank Winters, Elizabeth Rodrick, James Trujillo, or chair Barry Zickuhr.

Zickuhr.

All Ages Game Night!

Saturday, Jan 28th, 4-8pm. Join us for potluck dinner and boardgames. All Ages welcome.

Community Dinner for All!

Thursdays at 5:30 p.m. Join us every Thursday for the Community Dinner.

Upcoming dinners include:

- Jan 26th: Competitive Chili Cook Off (sign up to bring chili!)

For more information or to help with dinners, email Rev. Sara at dre@ouuc.org

Thursday Night Spiritual Practice

Thursdays, 7pm. Join us for Spiritual Practice online and in person. Thursday Evening Spiritual Practice is an opportunity to pause and catch up with ourselves mid week. Spiritual practice is the act of connecting to ourselves, to each other, and to something greater.

Building the World We Dream About

Thursday evenings 6:30-8:30 pm November 10th to May 18th

Facilitators: Rev. Mary, Rev. Sara, Tiffany Felch, & Anne Hundley

Location: MultiPlatform (in person and on Zoom)

Building the World We Dream About is a Unitarian Universalist program that seeks to interrupt the workings of racism and transform how people from different racial/ethnic groups understand and relate to one another. The class has a total of 24 sessions. For those wishing to join for only certain sections of the class, we will ask that you do some “homework” to catch up on some of the earlier class sessions you missed.