



## **“On Liberation”**

Rev. Mary Gear

Sunday, February 19, 2023

We explore the monthly spiritual theme of liberation.

Are freedom and liberation the same? What are we as a people of faith called to do for collective liberation?

**Prelude** *Troy Fisher (he/him)*

**Morning Song** *Troy Fisher*

### **Hymn #151 “I Wish I Knew How”**

Words & music: Billy Taylor and Dick Dallas, arr.  
By Mary Allen Walden

**Welcome** *Anne Radford (she/her)*

**Lighting the Chalice** *Anne Radford*  
by Deanna Vandiver

**Opening Words** *Rev. Mary Gear (she/her)*  
by Karen G. Johnston

**Opening Hymn** *Troy Fisher*

### **Hymn #155 “Circle Round for Freedom”**

Words & music: Linda Hirschhorn

**Story for All** *Rev. Sara Lewis (she/her)*

**Musical Interlude** *Troy Fisher*

**Share the Plate Offering** *Anne Radford*

**Offertory** *Troy Fisher*

### **“We Shall Be Free”**

Songwriters: Garth Brooks / Stephanie Davis

**Ritual of Sharing From the Heart** *Rev. Mary Gear*

**Prayerful Practice** *Rev. Mary Gear*

**Musical Response** *Troy Fisher*

**Reading: “Pedagogy of the Oppressed”** *Anne Radford*  
by Paolo Friere

**Part I: On Liberation** *Rev. Mary Gear*

**Reading: “Love as the Practice of Freedom”** *Anne Radford*  
by bell hooks

**Part II: On Liberation** *Rev. Mary Gear*

**Musical Interlude** *Troy Fisher*

**Closing Hymn** *Troy Fisher*

Hymn #1035 “Freedom Is Coming”  
Words & music: South Africa, 20th Cent.

**Closing Words and Extinguishing the Chalice** *Rev. Mary Gear*

by Maya Angelou

*Please help us ensure a meaningful experience for all in attendance online and in-person.  
Kindly silence your cell phones. Hearing assistance devices are available in the sanctuary at the tech desk.*

**Unison Benediction***Troy Fisher*

Words: Rev. Mary Gear/Music: Troy Fisher

May you know the Spirit in you.

May you know the Spirit in me.

With loving and healing, doing and being,

May you know the Spirit in All.

**Postlude***Troy Fisher***Reflection question:**

- Have you ever experienced liberation?
- What is one way you can choose love?

**After-Service: Board Sunday**

**Next Sunday, February 26:** “Why I Support Updates to Article II” Rev. Mary Gear

Article II of the Unitarian Universalist Association bylaws contain the beloved seven principles and six sources as well as the purposes of the UUA. The Article II Commission has proposed significant updates and changes to the bylaws. Join us to explore these changes and how we are called to respond.

**After service:** Thurston Youth Climate Coalition teach-in

**COVID-19 Update:** As of January 25, 2023, The OUUC Health & Safety Task Force has decided to move to masks optional at OUUC. This means that each person has the choice to wear a mask or not and masks are welcome. We remind you to please join us online if you have any symptoms.

**Share the Plate Offering:** For the month of February, our Share the Plate recipient is The Catholic Community Services Community Kitchen. The Catholic Community Services Community Kitchen provides life sustaining meals to those living unsheltered or in temporary shelters. The Kitchen serves Lunch and Dinner throughout the year to individuals, children, families, and veterans living in poverty, and struggling under the effects of intolerance and racism. Your gift will help the Community Kitchen produce more than 100,000 meals for our hungry neighbors in 2023.

If you write a check, be sure to make a notation indicating "pledge" if it is a pledge payment. Other donations will benefit the Share the Plate program. Checks can be mailed to OUUC at 2315 Division St NW Olympia WA 98502. Donate online at <https://onrealm.org/OUUC/give/offering>. Donate by text. Text "OUUC offering" to 73256 to give using your mobile device. This number will never send unsolicited texts to you. To cancel further messages, text STOP. If you need assistance with text giving, text HELP. Standard text message and data rates may apply.

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