



Sunday, May 28, 2023
“Finding Calm in the Storm”
with Rev. Justin Almeida

As we move further into the Summer season, join Rev. Justin Almeida
in exploring the spirituality of calm, rest, and renewal
to keep us centered amid the storms of life.

Prelude *Troy Fisher (he/him)*

Morning Song *Troy Fisher*

Hymn #1015 “I Know I Can”

Words: Dennis Hamilton

Music: Jeannie Gagne, arr. Mark Freundt

Welcome *Emi Allen (they/them)*

Lighting the Chalice *Emi Allen*

with words by Paul Stephan Dodenhoff

Opening Words *Rev. Justin Almeida (he/they)*

with words by Jelaluddin Rumi

Opening Hymn *Troy Fisher*

Hymn #83 “Winds Be Still”

Words: Richard S. Kimball

Music: Samuel Sebastian Wesley

Story for All
“The Perfect Party”
by Aaron McEmrys

Rev. Sara Lewis (she/her)

Musical Interlude *Troy Fisher*

Share the Plate Offering *Emi Allen*

Offertory *Troy Fisher*

Ritual of Sharing From the Heart *Rev. Sara Lewis*

Prayerful Practice *Rev. Sara Lewis*

Musical Response *Troy Fisher*

Hymn #123 “Spirit of Life”

Words & music: Carolyn McDade,
harmony by Grace Lewis-McLaren

Reading *Rev. Justin Almeida*

An Ancient Story based on Genesis

Musical Interlude *Troy Fisher*

Sermon *Rev. Justin Almeida*

Closing Hymn *Troy Fisher*

Hymn #108 “My Life Flows On in Endless Song”

Words: Early Quaker song

Music: American gospel tune

Extinguishing the Chalice *Rev. Sara Lewis*

with closing words by Rev. Elizabeth Selle Jones

At OUUC, masks are welcome and optional. Please join us online if you don't feel well.
Kindly put your cell phones into Airplane Mode to help us ensure a meaningful experience for all in attendance online and in-person.
Hearing assistance devices are available in the sanctuary at the tech desk.

Unison Benediction

Words: Rev. Mary Gear / Music: Troy Fisher

Troy Fisher

May you know the Spirit in you.
May you know the Spirit in me.
With loving and healing, doing and being,
May you know the Spirit in All.

Postlude

Troy Fisher

Reflection questions:

- What spiritual practices of rest are important for you?
- What is a memory of rest that gives you joy?
- Was there a part of the service today that moved your heart, and what will you do with it?
- What is one way you can gift yourself rest today?

No after-service event today.

Everyone is invited to attend a **party at OUUC on Saturday June 3rd**, 10am-noon, to celebrate all we have done this year and appreciate all of our volunteers. There will be fun games and door prizes and something for everyone.

Next Sunday, June 4: "Coming of Age and Bridging" with OUUC Youth.

We will honor the process of becoming for our youth in this service that marks the completion of the Coming of Age program and Bridging into adulthood for our graduating seniors.

June 4 After Service Forum: with our Delegates to the UUA General Assembly (GA)

Share the Plate Offering: Our Share the Plate organization for May and June is the Arrest and Jail Alternatives Program of Catholic Community Services.

Since 2020, the Arrest and Jail Alternatives Program of Catholic Community Services has helped people with behavioral health issues and criminal justice involvement access drug treatment, temporary shelter, permanent housing, disability benefits, and a sense of basic dignity and respect that they may otherwise be denied. The services are primarily provided by Peer Case Managers who have lived experience of drug addiction, homelessness, and incarceration themselves. The majority of clients are unsheltered on the streets of Olympia, with needs for critical survival items like tents, sleeping bags, clothes, hot meals, snacks, and hygiene products.

If you write a check, please note "pledge" if it is a pledge payment. Other donations will benefit the Share the Plate program.

- Checks can be mailed to OUUC at: 2315 Division St NW
Olympia, WA 98502
- Donate online at <https://onrealm.org/OUUC/give/offering>
- Donate by text: Text "OUUC offering" to 73256 to give using your mobile device. This number will never send unsolicited texts to you. To cancel further messages, text STOP. If you need assistance with text giving, text HELP. Standard text message and data rates may apply.

OUUC's first annual **Summer UU Reading Fun online SUURF Store** will open June 13, just three weeks from today. The store is filling with thousands of great books. Find the information on the OUUC website (<https://www.ouuc.org/books-books-books/>), and spread the word. If you can help with the sale, please let either Susan Dodson or Rev. Sara know.

For more announcements, read the Weekly Update here:

<https://www.ouuc.org/who-we-are/publications/weekly-update/>

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