



**Sunday, August 6, 2023**  
**“What is Necessary for Love?”**  
with Rev. Victoria Poling

Author and scholar bell hooks [who uses a lowercase spelling] observes,  
“While ours is a nation wherein the vast majority of citizens are  
followers of religious faiths that proclaim the transformative power of  
love, many people feel they do not have a clue as to how to love.” Today  
we’ll explore a variety of perspectives on what is necessary for love.

*Rev. Victoria Poling uses she/her pronouns and identifies as a queer, white and  
Hispanic Pacific Northwesterner. She serves as the Minister to the Vashon Island  
Unitarian Universalists and to Kitsap UU Fellowship. She advocates for  
environmental justice as a board member at Earth Ministry/WA Interfaith Power  
& Light. Victoria lives in Kent, WA on traditional Muckleshoot territories in the  
Green River watershed.*

**Prelude** *Troy Fisher (he/him)*

**Morning Song** *Troy Fisher*  
**“We Shall Be Known”**  
by Karisha Longaker of MaMuse

**Welcome** *Des McGahern (he/him)*

**Lighting the Chalice** *Des McGahern*  
“Sacred Unknowing” by Amy Carol Webb

**Opening Words** *Rev. Victoria Poling (she/her)*  
“Know Only that You are Loved”  
by Rev. Gretchen Haley

**Opening Hymn** *Troy Fisher*

**Hymn #128 “For All that Is Our Life”**  
Words: Bruce Findlow / Music: Patrick L. Rickey

**Story for All** *Rev. Sara Lewis (she/her)*  
“Love Is the Golden Rule” By Ilene Cooper  
Part of *Love Will Guide Us*

**Musical Interlude** *Troy Fisher*

**Share the Plate Offering** *Des McGahern*

**Offertory** *Karl Johnson*  
“What The World Needs Now is Love”  
Words: Hal David / Music: Burt Bacharach

**Ritual of Sharing From the Heart** *Rev. Mary Gear (she/her)*

**Prayerful Practice** *Rev. Mary Gear*

**Musical Response** *Troy Fisher*  
**“There is a Love”**  
Words: Rev. Dr. Rebecca Parker  
Music: Elizabeth Norton

**Reading** *Des McGahern*  
from “Love is a Choice”  
by Rev. Dr. Carter Heyward

**Musical Interlude** *Troy Fisher*

**Sermon: “What is Necessary for Love?”** *Rev. Victoria Poling*

**Closing Hymn** *Troy Fisher*  
**Hymn #131 “Love Will Guide Us”**  
Words: Sally Rogers  
Music: Traditional, arr. By Getty A. Wylder

At OUUC, masks are welcome and optional. Please join us online if you don't feel well.  
Kindly put your cell phones into Airplane Mode to help us ensure a meaningful experience for all in attendance online and in-person.  
Hearing assistance devices are available in the sanctuary at the tech desk.

**Extinguishing the Chalice**  
with closing words by Lemony Snicket

Rev. Victoria Poling

**Unison Benediction**

Troy Fisher

Words: Rev. Mary Gear / Music: Troy Fisher

May you know the Spirit in you.  
May you know the Spirit in me.  
With loving and healing, doing and being,  
May you know the Spirit in All.

**Postlude**

Troy Fisher

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**Reflection questions:**

- How are you loving in your life?
  - What do you find necessary for love?
  - What will you bring with you from this service into the coming week?
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**Next Sunday, August 13, 2023:** “Love Accountably” with Rev. Crystal Zerfoss

Love is the power that holds us together and is at the center of our shared values. We are accountable to one another for doing the work of living our shared values through the spiritual discipline of Love. Inseparable from one another, these shared values are Interdependence, Pluralism, Justice, Transformation, Generosity, and Equity. Join us as we explore this collective Unitarian Universalist understanding of liberating Love, part of the proposed Article II revisions, and what it means for how we live and love accountably.

*Rev. Crystal Zerfoss serves the Inland Northwest Unitarian Universalist Community in Spokane and the Tahoma Unitarian Universalist Congregation in Tacoma. She currently resides in Lacey near her partner, Suzanne, with her feline companion, Ella. When she's not in the pulpit or donning one of her many ministerial hats, she can be found kayaking on a local lake or putting together a large jigsaw puzzle as part of her spiritual practice.*

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**Share the Plate Offering:** Our Share the Plate organization for July and August is the Haki Farmers Collective. <https://hakifarmers.org/>

Haki Farmers Collective seeks to bolster and reincorporate traditional and inherently sustainable farming knowledge that is present in our migrant and indigenous communities. By holding close decolonization frameworks, Haki seeks to encourage our intersecting Black, Indigenous, and Immigrant peoples to reclaim life-giving knowledge of truly sustainable foodways and plant medicine creation.

If you write a check, please note "pledge" if it is a pledge payment. Other donations will benefit the Share the Plate program.

- Checks can be mailed to OUUC at: 2315 Division St NW  
Olympia, WA 98502
  - Donate online at <https://onrealm.org/OUUC/give/offering>
  - Donate by text: Text "OUUC offering" to 73256 to give using your mobile device. If you need assistance with text giving, text HELP. Standard text message and data rates may apply.
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**Saturday, August 12 at 6:30 pm: OUUC will be honored as Interfaith Works' "Faith Community of the Year" at their Garden Party**, an annual fundraiser to help Interfaith Works continue their mission of service to our neighbors most in need and to connect faith communities in Olympia. For more info and to purchase tickets: <https://www.interfaith-works.org/events.html#garden>

**For more announcements**, read the Weekly Update here:

<https://www.ouuc.org/who-we-are/publications/weekly-update/>