



September Theme: Welcome

Hospitality is a form of worship. - Babylonian Talmud

Sunday, September 10, 2023
“Keep Your Heart Wide Open”
with Rev. Mary Gear

We gather for our annual water communion service, coming together again from near and far, bringing the water from where we have been. Though the waves of change may have pushed us around, we return with hearts wide open.

Prelude *Troy Fisher (he/him)*

Morning Song *Troy Fisher*

“Heart Wide Open”

Words & Music: Lea Morris

Welcome *Curt Hill (he/him)*

Lighting the Chalice *Curt Hill*

with the words of Arrhiannon Kirkpatrick

Opening Words *Rev. Mary Gear (she/her)*

from Rev. Allison Palm

Opening Hymn *Troy Fisher*

Hymn #1013 “Open My Heart”

Words & Music: Henry S. Flurry

Ritual of Water Communion *Rev. Sara Lewis (she/her)*

and Rev. Mary Gear

Musical Interlude *Troy Fisher*

Share the Plate Offering *Curt Hill*

Offertory *OUUC Choir*

“Wade In The Water”

Traditional Spiritual, Arranged by Mark Hayes

Ritual of Sharing From the Heart *Rev. Mary Gear*

Prayerful Practice *Rev. Mary Gear*

Musical Response *Troy Fisher*

“There Is a Love”

Words: Rev. Dr. Rebecca Parker

Music: Elizabeth Norton

Reflection: Keep Your Heart Wide Open *Rev. Mary Gear*

Closing Hymn *Troy Fisher*

“Heart Wide Open”

Words & Music: Lea Morris

Closing Words and Extinguishing the Chalice *Rev. Mary Gear*

with the words of Brené Brown

Postlude *Troy Fisher*

At OUUC, masks are welcome and optional. Please join us online if you don't feel well.
Kindly put your cell phones into Airplane Mode to help us ensure a meaningful experience for all in attendance online and in-person.
Hearing assistance devices are available in the sanctuary at the tech desk.

Reflection questions:

- What is the meaning of your water?
 - What helps you keep your heart open?
 - What helps you find solid ground?
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After-Service Event, today at 11:30 am (onsite only): Building Blessing

Next Sunday, September 17, 2023: "Welcoming All" with Rev. Mary Gear

In a time of great change, how do we embrace what is, what has been and what could be? How do we belong and matter when things change so quickly? Plus, a preview of plans for this congregational year.

After-Service Event, September 17 at 11:30 am: Updates from the Board of Trustees

Thursday Community Dinners have started again. All are welcome to join in a shared meal at 5:30 pm, followed by classes and other activities.

Saturday, September 23 at 7 pm: Singer/songwriter Roy Zimmerman returns to OUUC. Roy's concerts are full of witty satire and excellent guitar music. Come join the fun.

Adult Ed classes are starting, as well as **covenant groups** to explore the monthly spiritual themes.

Find details on these and more announcements in the Weekly Update:

<https://www.ouuc.org/who-we-are/publications/weekly-update/>

Share the Plate Offering: Our Share the Plate organization for September and October is The Black Power Pathways, a Mutual Aid Fund.

<https://blackpowerpathways.com/>

The Black Power Initiative's mission is to empower and create financial access for Black people to have the power to determine the destiny of our Black Community. With this ultimate vision, one small but significant first step is to provide emergency financial support in the form of small, low barrier cash grants to Black people in need to keep people from slipping through the cracks in this inequitable system. They also are a project of Black Power Pathways, formerly known as A Pathway to Hope, their Black-led start-up non-profit with the long term mission of helping formerly incarcerated people find paths to community support, housing and economic stability.

If you write a check, please note "pledge" if it is a pledge payment. Other donations will benefit the Share the Plate program.

- Checks can be mailed to OUUC at: 2315 Division St NW
Olympia, WA 98502
- Donate online at <https://onrealm.org/OUUC/give/offering>
- Donate by text: Text "OUUC offering" to 73256 to give using your mobile device. Messages and data rates may apply. Message frequency varies. Text HELP to 73256 for help. Text STOP to 73256 to cancel.

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