

## **December Theme: Transformation**

You can't have a physical transformation until you have a spiritual transformation.

~ Corey Booker

## Sunday, December 3, 2023 "Transforming Conflict"

with Rev. Mary Gear

There are many ways to address conflict – avoid it, deny it, suppress it, manage it. We begin our reflection on the monthly spiritual theme of "transformation" by exploring how conflict can be transformed and transformative.

transformative.		Ritual of Sharing From the Heart	Rev. Mary Gear
Prelude	Troy Fisher (he/him)	Prayerful Practice	Rev. Mary Gear
Morning Song Hymn #226 "People Look East" Words: Elanor Farjeon / Music: Traditional French carol / Harmony: Martin Shaw	Troy Fisher	Musical Response Hymn #1031 "Filled with Loving Kindness" Words: Traditional Buddhist Meditation, adapted by Mark W. Hayes / Music: Ian W. Riddell	Troy Fisher
Welcome	Curtis Tanner (he/him)	Reading 1	Curtis Tanner
Lighting the Chalice	Curtis Tanner	from Rev. Angel Kyodo Williams	
with the words of Ben Weinecke		Part 1: Conflict and Covenant	Rev. Mary Gear
<b>Lighting the First Advent Candle</b> with words from Rev. Erika Hewitt and from Macrina	Rev. Mary Gear (she/her) and	Musical Interlude	Troy Fisher
Wiederkehr, a Benedictine monastic	Curtis Tanner	Reading 2	Curtis Tanner
Musical Interlude	Troy Fisher	from <u>Transforming Conflict: The Blessings of</u> <u>Congregational Turmoil</u> by Rev. Teresa Cooley	

**Opening Words** 

**Opening Hymn** 

Musical Interlude

Offertory

"Dos Oruguitas"

Share the Plate Offering

Final Proposed Revision to Article II,

UUA's Article II Study Commission, October 2023

Words & Music: Jim Scott, inspired by Kenneth Patton

Hymn #1054 "Let This Be a House of Peace"

Reflection: Of Butterflies and Transformation

From the Disney motion picture, *Encanto* 

Words & Music: Lin-Manuel Miranda

Rev. Mary Gear

Troy Fisher

Curtis Tanner

Curtis Tanner

**OUUC** Choir

Troy Fisher

At OUUC, masks are welcome and optional. Please join us online if you don't feel well.

Kindly put your cell phones into Airplane Mode to help us ensure a meaningful experience for all in attendance online and in-person.

Hearing assistance devices are available in the sanctuary at the tech desk.

Part 2: Transformation

Rev. Mary Gear

Closing Hymn

Troy Fisher

Hymn #396 "I Know This Rose Will Open"

Words & Music: Mary E. Gritolia

Closing Words and Extinguishing the Chalice Rev. Mary Gear with the words of Kent McKusick

**Postlude** Troy Fisher

## Reflection questions:

- When have you experienced transformation?
- Can you imagine a situation when conflict could be transformative? (Or perhaps you've experienced such a time?)

Curt Hill will host a reflection circle onsite. Right after the service, grab a beverage and join him in the Youth Room. All are welcome.

**After-Service Forum (11:30 am today):** Revisiting the OUUC Behavioral Covenant with Rev. Mary and the Healthy Congregations Team

Later today, at 3 pm, join Kristin Ang from the Faith Action Network here at OUUC as we gather the South Sound justice community to talk about how we can show up in the January legislative session.

**Next Sunday, December 10, 2023:** "At This Point on the Journey" with the Adult Coming of Age Class

**Dec. 10 After-Service Forum (11:30 am):** Faith in Action forum with Deb Cruz of JUUstice Washington. Come to learn more about our statewide UU justice organization.

**Share the Plate Offering:** Our Share the Plate organization for November and December is The Olympia Coalition for Ecosystems Preservation, or OlyEcosystems (<a href="https://olyecosystems.org/">https://olyecosystems.org/</a>).

OlyEcosystems is an all-volunteer conservation organization. It focuses on protecting, preserving, and restoring important habitat in Olympia and areas of important habitat connectivity with ecosystems in Olympia. Offerings from Share the Plate will support building steps, for people to witness restoration and re-growth, in the Cooper Crest Preserve.

If you write a check, please note "pledge" if it is a pledge payment. Other donations will benefit the Share the Plate program.

- Checks can be mailed to OUUC at: 2315 Division St NW Olympia, WA 98502
- Donate online at <a href="https://onrealm.org/OUUC/give/offering">https://onrealm.org/OUUC/give/offering</a>
- Donate by text: Text "OUUC offering" to 73256 to give using your mobile device. Messages and data rates may apply. Message frequency varies. Text HELP to 73256 for help. Text STOP to 73256 to cancel.

**OUUC Official Gift Card Collection for LP Brown Elementary:** We are collecting gift cards for families in need at our neighborhood elementary school, LP Brown Elementary. The organizers especially want \$25 gift cards to stores where families can get a variety of holiday needs met, such as major brand grocery or big box stores. Bring cards to Rev. Sara before this Friday, December 8.

**Too many Holiday services, events, and special giving opportunities to list!** You can find a summary here: <a href="https://www.ouuc.org/holiday-services-and-events/">https://www.ouuc.org/holiday-services-and-events/</a>

Find more details on these and other announcements in the Weekly Update: https://www.ouuc.org/who-we-are/publications/weekly-update/