

March Theme: Equity

"When we identify where our privilege intersects with somebody else's oppression, we'll find our opportunities to make real change."

~ Ijeoma Oluo

Sunday, March 17, 2024 "Good Enough"

with Rev. Sara Lewis

When perfect isn't possible and we are surrounded by choices and options, how do we decide what is good enough? When do we know that we are good enough?

Prelude Troy Fisher (he/him)

Morning Song Troy Fisher

Hymn #1023 "Building Bridges"

Words: The women of Greenham Common peace occupation in England / Music: Contemporary

English Quaker Round

WelcomeCurtis Tanner (he/him) &Whitney Godby (she/her)

Lighting the ChaliceCurtis Tanner

"Cherishing Our Differences" by Cindy Fesgen

Opening Words

Rev. Sara Lewis (she/her)

"Even This Is Enough" by Vanessa Rush Southern

Opening Hymn

Hymn #1012 "When I Am Frightened"

Words & Music: Shelley Jackson Denham,

arr. Jeannie Gagne

Stewardship Testimonial

Liz Clement (she/they)

Musical Interlude

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Troy Fisher

Curtis Tanner

Trov Fisher

Share the Plate Offering

Offertory

Troy Fisher

Ritual of Sharing From the Heart

Rev. Sara Lewis

Prayerful Practice

Rev. Sara Lewis

Musical Response

Troy Fisher

Hymn #401 "Come by Here"

Words: African American spiritual / Music: African American spiritual, harmony by Carlton R. Young

Reading 1

Curtis Tanner

Excerpt of lyrics from the song "The Competition"

by Kimya Dawson

Part 1: Never Enough

Rev. Sara Lewis

Musical Interlude

Troy Fisher

Reading 2

Curtis Tanner

"A Map of Balance and Harmony" from $\underline{\text{Braiding}}$

Sweetgrass by Robin Wall Kimmerer

Part 2: There Is Enough

Rev. Sara Lewis

Closing Hymn Hymn #1053 "How Could Anyone"

Words & Music: Libby Roderick

Closing Words and Extinguishing the Chalice with words from theologian Reinhold Niebuhr

Whitney Godby

Troy Fisher

Stewardship Gratitude

Karmel Shields (she/her)

Postlude Troy Fisher

Reflection questions:

• What is a struggle you have with Never Enough?

• What is a practice that helps you find Enough?

Today's After-Service Forum (11:30 AM): with the Sabbatical Committee

Next Sunday, March 24, 2024: "Orthopathy: Right Suffering in The Great Unraveling" with Peter Jabin

If we are to know anything of resilience or hope as humanity collectively collides with the climate crisis, it is essential that we remember the central importance of grief for the human soul and recover the lost art of grieving. Moreover, we need to expand the embrace of our compassion such that the more-than-human becomes fully grievable. This service will be a meditation, in poetry and reflection, on these ideas, and will provide a global context for the afternoon's grief workshop.

Introduction to Grief Ritual workshop on Sunday, March 24, 1:30 - 4:30pm at OUUC. This will be led by Peter Jabin, a spiritual director and grief counselor, and therapist Siena Tenisci. This is an opportunity to practice how we transform grief in all areas of our life and world. For more information and to register, visit the website: https://www.ouuc.org/grief-workshop-3-24/

Share the Plate Offering: Our Share the Plate organization for March and April is the Hawk Foundation.

The Hawk Foundation for Research and Education in African Culture dedicates itself to the promotion of education, holistic health and trauma healing in the African American community, with recognition that when one is healed it touches those around them. The Hawk provides African and African American music and history education for their various Thurston County School partners. Also, they provide evidence based African drum facilitation with juvenile detention centers.

If you write a check, please note "pledge" if it is a pledge payment. Other donations will benefit the Share the Plate program.

- Checks can be mailed to OUUC at: 2306 East End St NW
 Olympia, WA 98502
- Donate online at https://onrealm.org/OUUC/give/offering
- Donate by text: Text "OUUC offering" to 73256 to give using your mobile device. Messages and data rates may apply. Message frequency varies. Text HELP to 73256 for help. Text STOP to 73256 to cancel.

Spring Kick-off Event for All Ages: This week folks of all ages, especially children and youth, are invited to join our Religious Education Assistant, Anissa Bentlemsani, in some seed-starting, flower-pot-decorating, intention-setting fun to kick off Spring on Thursday at 6:30pm, following the community dinner.

The Stewardship Drive is off and running—or leaping as we take a Leap of Faith! As of March 16, there are 128 pledges committing to \$344,980. Thank you to those who have pledged so far! And if you have not yet or if you have questions, you can visit the Stewardship table in the Commons after the service or visit the website: https://www.ouuc.org/giving/pledging/

Find more details on these and other announcements in the Weekly Update: https://www.ouuc.org/who-we-are/publications/weekly-update/