

Our spiritual practice for April is Joy.

"Happiness is attached to things being a certain way. But joy is about the bliss of being. It transcends highs and lows." ~ Martha Beck

Sunday, April 13, 2025 "A Theology of Trophic Cascades"

with Rev. Monica Jacobson-Tennessen

Ecology teaches us that one change in an ecosystem creates many more and bigger changes that ripple out, as all the parts of the ecosystem affect each other. What does this offer to us to help our understandings of ourselves, our world, and the changes we can make?

At OUUC, masks are welcome and optional. Please join us online if you don't feel well.

Kindly put your cell phones into Airplane Mode to help us ensure a meaningful experience for all in attendance, onsite and online.

Hearing assistance devices are available in the sanctuary at the tech desk.

Prelude

Morning Song "Rejuvenation!" Words & Music: Tobin Stokes

Welcome

Chalice Lighting "Wholeness" by Rev. Sharon Wylie

Opening Words from "The Low Road" by Marge Piercy Troy Fisher (he/him)

Congregation & OUUC Choir

Whitney Godby (she/her)

Whitney Godby

Rev. Monica Jacobson-Tennessen (she/her)

Opening Hymn Hymn #203 "All Creatures of the Earth and Sky" Words: attributed to St. Francis of Assisi Music: from <i>Ausserlesene Catholische Kirchengesang</i> , adapt. and harm. by Ralph Vaughan Williams	Congregation
Story For All "How Grandmother Spider Stole the Sun" a Muskogee Tale	Rev. Sara Lewis (she/her)
Musical Interlude	Troy Fisher
Share the Plate Offering	Whitney Godby
Offertory	Troy Fisher
Ritual of Sharing From the Heart	Rev. Sara Lewis
Prayerful Practice	Rev. Monica Jacobson-Tennessen
Musical Response "Light of a Clear Blue Morning" Words & Music: Dolly Parton, arr. Craig Hella Johnson	OUUC Choir with Soloist: Anna Garrett
Reading 1 "How Wolves Change Rivers" video by Sustainable Human, narrated by George Monbiot	Whitney Godby
Part 1	Rev. Monica Jacobson-Tennessen
Musical Interlude	Troy Fisher
Reading 2 "Trophic Cascade" by Camille T. Dungy	Whitney Godby

Rev. Monica Jacobson-Tennessen

Part 2

Closing Hymn Hymn #21 "For the Beauty of the Earth" Words: Folliott Sandford Pierpoint Music: Conrad Kocher

Closing Words & Extinguishing the Chalice

with the words of Craig Rowland, a member of the UU Congregation of Salem

Rev. Monica Jacobson-Tennessen

Postlude

Troy Fisher

Reflection questions:

- When have you reintroduced yourself to yourself? What was it like? (joyful, uncomfortable, surprising...)
- In times of change, what do you tend to notice? (Loss, beauty, possibility...) What might you choose to pay attention to?
- Today's Forum at 12:15 pm (online & onsite) will feature guest Meg Martin, Director of Integrative Services at Interfaith Works. Meg will be sharing about the work and successes of Interfaith Works, the many ways they currently care and support those experiencing homelessness, and of plans for future care and services.
- Later this afternoon (2 pm), if you're new to OUUC or interested in becoming a member, you can join Rev. Sara for the New UU / New Member class. This week, the focus will be on Connections and Communications.

Next Sunday, April 20, 2025, at 9 am (onsite only) & 10:45 am (online & onsite): "Fear and Great Joy" with Rev. Mary Gear, Rev. Sara Lewis & Troy Fisher On this Easter Sunday leading to Earth Day, in a time of grief and fear, we celebrate the great joy of resurrection and new life. We will hold a Dirt Communion in this worship service. All are invited to bring a small cup or container of dirt or soil from your home, whatever home means to you.

No After-Service Forum on 4/20 — we'll have an Easter Egg Hunt instead!

Share the Plate Offering: Our Share the Plate organization for March and April is Wild Grief:

Wild Grief facilitates peer groups for children and adults who are grieving a death, by creating the space for sharing, connection, and healing in nature. All programs are free, including all outdoor gear and food. Wild Grief models how: it's important to acknowledge death and engage with loss, grief support should be available to everyone, and healing is possible.

If you write a check, please note "pledge" if it is a pledge payment. Other donations will benefit the Share the Plate program.

- Checks can be mailed to: 2306 East End St NW, Olympia, WA 98502
- Donate online at: <u>https://onrealm.org/OUUC/give/offering</u>
- Donate by text: Text "OUUC offering" to 73256 to give using your mobile device. Messages and data rates may apply. Message frequency varies. Text HELP to 73256 for help. Text STOP to 73256 to cancel.

Next Sunday (April 20th), there will be an Easter Egg Hunt for children at noon, and we still welcome more donations of treats and prizes for the children. See our religious education assistant, Anissa (<u>REAssistant@ouuc.org</u>), for more information about prizes or the egg hunt.

Find more details on these and other announcements in the Weekly Update: https://www.ouuc.org/weekly-update/