



Sunday, July 6, 2025

“Our Whole Lives”

with Rev. Linda Hart

This year marks the 25th anniversary of the release of the Our Whole Lives comprehensive sexuality education program developed by the UUA and the United Church of Christ. As the program was being developed, the UUA announced a contest for the best sermon introducing the new program. In this service, Rev. Linda Hart will share the sermon that she wrote that won that contest exploring the role of sexuality in our lives and the importance of ongoing education about it. She'll share an updated version of it with us.

At OUUC, masks are welcome and optional. Please join us online if you don't feel well.

Kindly put your cell phones into Airplane Mode to help us ensure a meaningful experience for all in attendance, onsite and online.

Hearing assistance devices are available in the sanctuary at the tech desk.

Prelude

Troy Fisher (he/him)

Morning Song

Congregation

Hymn #354 “We Laugh, We Cry”

Words & Music: Shelley Jackson Dehnem

Harmony: Betsy Jo Angebranndt

Welcome

Rev. Sara Lewis(she/her)

Chalice Lighting

Rev. Sara Lewis

Words of Rev. William Graves

Opening Words

Rev. Linda Hart (she/her)

“Come into this circle of community. Come into this sacred space.” by Andrew Pakula

Opening Hymn

Congregation

Hymn #128 “For All That Is Our Life”

Words: Bruce Findlow

Music: Patrick L. Rickey

Story For All

Rev. Sara Lewis

“Stories About All Families”

Musical Interlude

Troy Fisher

Share the Plate Offering

Rev. Sara Lewis

Offertory

Troy Fisher

“Wholeness” (Chant)

Words & Music: Trina Bunk

Ritual of Sharing From the Heart

Rev. Sara Lewis

Prayerful Practice

Rev. Linda Hart

Musical Response

Congregation

Hymn #313 “O What a Piece of Work Are We”

Words: Malvina Reynolds

Music: The Southern Harmony

Readings

“The Thief”

Rev. Linda Hart

By Dorianne Laux

Excerpt from “Sexual Fidelity”

Rev. Sara Lewis

By Carter Heyward

Sermon: “Our Whole Lives”

Rev. Linda Hart

Closing Hymn

Congregation

Hymn #300 “With Heart and Mind”

Words: Alicia S. Carpenter

Music: Johann Harmann Shein

Harmony: J.S. Bach

Closing Words & Extinguishing the Chalice

Rev. Linda Hart

“We Keep Its Light in Our Hearts”

by Maddi Sifantus

Postlude

Troy Fisher

Reflection questions:

- Do you have any experience with Our Whole Lives (OWL)?
- What were you taught about your body and sexuality?

Next Sunday, July 13, 2025, at 9 am (onsite only) & 10:45 am (online & onsite):

“Sacred Music”

A celebration of the spiritual power of music to open our minds, hearts, and bodies through melody, rhythm, and poetry. A few OUUC members and friends identify a favorite hymn and reflect on how it holds meaning for them. We'll sing together, inviting music to deepen our personal experience of the sacred.

Today in the commons at 12:15, all are welcome to join Rev. Sara to write postcards declaring that no one deserves to go hungry.

Find more details on these and other announcements in the Weekly Update:

<https://www.ouuc.org/weekly-update/>

Share the Plate Offering: Our Share the Plate organization for July and August is GRUB's Growing Home Collective:

Garden-Raised Bounty (GRuB)'s program, Growing Home Collective, centers the reality that Black people's huge contribution of genius, highly skilled, and stolen labor was crucial in creating the United States. Including a reparations-based approach, Growing Home Collective reduces barriers for Black people to access GRuB programs, resources, and leadership opportunities. Led by an advisory group with Black staff & community members, this group co-creates affinity programming by, with and for Black people, to center Black self-determination, creativity and lived experience.

If you write a check, please note "pledge" if it is a pledge payment. All other donations in the basket will benefit the Share the Plate program.

- Checks can be mailed to: 2306 East End St NW, Olympia, WA 98502
- Donate online at: <https://onrealm.org/OUUC/give/offering>
- Donate by text: Text "OUUC offering" to 73256 to give using your mobile device. Messages and data rates may apply. Message frequency varies. Text HELP to 73256 for help. Text STOP to 73256 to cancel.