



Our spiritual practice for May is **Awakening Curiosity**.

*"Great Doubt, Great Awakening. Little Doubt, Little Awakening. No
Doubt, Fast Asleep."*

~Zen maxim

Sunday, May 3rd, 2026

"Sharing Our Good News: Church is Not Fight Club"

with Rev. Sara Lewis

We UU's can sometimes be uncomfortable talking about our churches,
much less (gasp!) inviting people to come check it out. Today we will
explore why and how to talk about Unitarian Universalism and share our
good news with others in the world.

At OUUC, masks are welcome and optional. Please join us online if you don't feel well.

Kindly put your cell phones into Airplane Mode to help us ensure a meaningful experience
for all in attendance, onsite and online.

Hearing assistance devices are available in the sanctuary at the tech desk.

Prelude

Troy Fisher (he/him)

Morning Song

Congregation

Hymn #163 "For the Earth Forever Turning"

Words & music: Kim Oler, arr. by Nick Page

For the earth forever turning; for the skies, for
ev'ry sea;
for our lives, for all we cherish, sing we our
joyful song of peace.

For the mountains, hills, and pastures in their
silent majesty;
for the stars, for all the heavens, sing we our
joyful song of peace.

For the sun, for rain and thunder, for the
seasons' harmony,
for our lives, for all creation, sing we our
joyful praise to Thee.

For the world we raise our voices, for the
home that gives us birth;
in our joy we sing returning home to our
bluegreen hills of earth.

Welcome

*Alicia Seegers Martinelli
(she/her)*

Chalice Lighting

“Shining upon the Hearts” by Sangye Hawke

Alicia Seegers Martinelli

Opening Words

“Come in; Be among Us” by Shari Woodbury

*Rev. Sara Lewis
(she/her)*

Opening Hymn

Hymn #118 “This Little Light of Mine”

Words & music: African American spiritual, harmony
by Horace Clarence Boyer

Congregation

This little light of mine, I'm gonna let it shine.
This little light of mine, I'm gonna let it shine.
This little light of mine, I'm gonna let it shine.
Let it shine, let it shine, let it shine.

Ev'rywhere I go, I'm gonna let it shine...

Building up a world, I'm gonna let it shine...

Story for All

Rev. Mary Gear (she/her)

When friends come to church by Sara Lewis,
with contributions from her son who could relate to
this scenario

Musical Interlude

Troy Fisher

Share the Plate Offering

Alicia Seegers Martinelli

Offertory

OUUC Choir

“You Are The New Day”

Words & music: John David, arr. by Peter Knight

Adapted by Jacob Narverud

You are the new day

You are the new day

I will love you more than me

And more than yesterday

If you can but prove to me

You are the new day

Send the sun in time for dawn

Let the birds all hail the morning

Love of life will urge me say

You are the new day

When I lay me down at night

Knowing we must pay

Thoughts occur that this night might

Stay yesterday

Thoughts that we as humans small

Could slow worlds and end it all

Lie around me where they fall

Before the new day

One more day when time is running out
For everyone
Like a breath I knew would come I reach for
The new day

Hope is my philosophy
Just needs days in which to be
Love of life means hope for me
Born on a new day

You are the new day

Ritual of Sharing from the Heart

Rev. Mary Gear

Prayerful Practice

Rev. Mary Gear

Musical Response

OUUC Choir

“Love is the Spirit of this Church”

Words: James Vila Blake / Music: Jason Shelton

Love is the spirit of this church,
and service its law.
This is our great covenant:
To dwell together in peace,
To seek the truth in love,
And to help one another.

Love is the spirit of this church.

Reading 1

Alicia Seegers Martinelli

Excerpt from *Speaking of Faith* by Krista Tippett

Part 1: Why Talk about UU

Rev. Sara Lewis

Musical Interlude

Troy Fisher

Reading 2*Alicia Seegers Martinelli*

Excerpt from “What Do I Say After I Say “I’m a Unitarian Universalist?”” by Rev. Barbara Wells ten Hove

Part 2: How to Talk About UU*Rev. Sara Lewis***Closing Hymn***Congregation***Hymn #1058 “Be Ours a Religion”**

Words: Theodore Parker / Music: Thoma Benjamin

Be ours a religion
 which like sunshine goes everywhere,
 its temple all space,
 its shrine the good heart,
 its creed all truth,
 its ritual works of love.

Closing Words & Extinguishing the Chalice*Rev. Sara Lewis*

“Carry the Flame” By Brian Kiely

Postlude*Troy Fisher***Reflection Questions:**

1. How did you discover UUism?
2. How do you feel about talking about church?
3. What do you like to say to explain UUism to others?

Today’s After-Service Forum (12:15 pm, onsite and online):

Who Speaks for OUUC? With the OUUC Board & Rev. Mary

Next Sunday, May 10th, 2026, at 9 am (onsite only) & 10:45 am (online & onsite):

“More Than One Way” with Rev. Mary Gear

On this Mother’s Day, we honor all the ways to mother in a culture that seems to demand only one way.

After-Service Forum on May 10th, at 12:15 pm (onsite & online):

There will be **no After-Service Forum** May 10th — Happy Mother's Day!

Share the Plate Offering: Our Share the Plate organization for May and June is Enterprise for Equity:

Enterprise for Equity helps people with low incomes to start or strengthen small businesses. They offer intensive training, expert coaching and consultation, a supportive community of entrepreneurs, and access to credit. Enterprise for Equity believes that entrepreneurship can be a pathway out of poverty, a tool for economic justice, and a vehicle for sustainable, community-rooted prosperity.

If you write a check, please note "PLEDGE" if it is a pledge payment. All other donations in the basket will benefit the Share the Plate program.

- Checks can be mailed to: 2306 East End St NW, Olympia, WA 98502
- Donate online at: <https://onrealm.org/OUUC/give/offering>
- Donate by text: Text "OUUC offering" to 73256 to give using your mobile device. Messages and data rates may apply. Message frequency varies. Text HELP to 73256 for help. Text STOP to 73256 to cancel

Today is the plant sale! Purchase plants, garden art, used tools and pots on the inner patio. Check it out after the service. Beautify your surroundings and support OUUC at the same time!

Purchase tickets for your chances to win the beautiful quilt donated to the auction by the Sewing Ministry between services in the Commons.

Tickets to the May 16th dinner and live auction 5-8 PM at ASHHO are offered on a sliding scale (\$10-100) so ALL can participate. Please note: childcare is offered free of charge. Please reserve childcare by May 4th. Learn more, buy tickets, or make a donation to the auction catalog by looking for the **auction table in the Commons** during coffee hour or by following the link in the weekly email announcements

Find more details on these and other announcements in the Weekly Update:
<https://www.ouuc.org/weekly-update/>