



“Rest is not idleness, and to lie sometimes on the grass under trees on a summer's day, listening to the murmur of the water, or watching the clouds float across the sky, is by no means a waste of time.”

~ John Lubbock, *The Use Of Life*

Sunday, July 26th, 2026

“Talkin' Bout a Revolution: A Queer Theology of Operation Metro Surge”

with Seth Anderson Matz

This past winter, the streets of the Twin Cities and greater Minnesota were held under siege by state-sanctioned paramilitary forces who violently and publicly abducted thousands of the area's residents. In response, people across the state quickly and courageously organized to protest the occupation and protect the community. This Sunday, join Minneapolis-based queer & trans theologian Seth Anderson-Matz for a personal and theological reflection of this resistance, and the queer & trans spirit that sustains our liberation movements in times of crisis and hope.

At OUUC, masks are welcome and optional. Please join us online if you don't feel well.

Kindly put your cell phones into Airplane Mode to help us ensure a meaningful experience for all in attendance, onsite and online.

Hearing assistance devices are available in the sanctuary at the tech desk.

Prelude

Troy Fisher (he/him)

Morning Song

Congregation

“Change Is Coming”

Words & music: Molly Bajgot

Chorus:

Change is coming, what do we need to imagine?

Change is coming, what do we need to imagine?

Solo A:

To be prepared, you know I'm scared,
To be prepared, yes I am scared.

Solo B:

But I know, from brokenness there's whole,
Yes I know, from brokenness there's whole

Welcome

Liz Clement (she/her)

Chalice Lighting

Liz Clement

words of Rev. Jami Yandle, and adapted by Seth

Opening Words

By Rev. Alix Klingenberg

*Seth Anderson-Matz
(he/him)*

Opening Hymn

Congregation

“We Will Rise Together”

Words: Jan Elicker / Music: Clif Hardin

We will rise* together, you and I,
Rise together, hand in hand.
Come on! We will rise together, heads held high.
We will reach the promised land.

Come my friend, I see a brighter day,
Where freedom rings for ev'ryone.
Come along, and we will find a way,
TCome my friend, I see a brighter day,
Where freedom rings for ev'ryone.
Come along, and we will find a way,
To justice, rising like the sun.

We will dance together, you and I,
Dance together, hand in hand.
Come on! We will dance together, heads held
high.
We will reach the promised land.

Come my friend, I see a brighter day,
Where freedom rings for ev'ryone.
Come along, and we will find a way,
To justice, rising like the sun.

Story For All

Building the Bridge as We Cross It

by Sara LaWall and Gem Emerson Paige

*Rev. Sara Lewis
(she/her)*

Musical Interlude

Troy Fisher

Share the Plate Offering

Liz Clement

Offertory

Troy Fisher

Ritual of Sharing from the Heart

Liz Clement

Prayerful Practice

Liz Clement

Musical Response

Congregation

“Loosen”

Words & music: Aly Halpert

Part 1: Loosen, loosen, baby.

You don't have to carry
the weight of the world
in your muscles and bones.
Let go, let go, let go.

Part 2: Holy breath and holy name:

Will you ease, will you ease this pain?

Reading

Liz Clement

Words of Seth Anderson-Matz

“Talkin' Bout a Revolution: A Queer Theology of Operation Metro Surge”

Seth Anderson-Matz

Closing Hymn
“There Is A Love”

Congregation

Words: Rebecca Parker / Music: Elizabeth Norton

There is a Love holding us.
There is a Love holding all that we love.
There is a Love holding all.
We rest in this Love.

We rest in this Love. Love.

Closing Words & Extinguishing the Chalice

Seth Anderson-Matz

words of nonbinary poet Travis Alabanza

Postlude

Troy Fisher

Reflection Questions:

1. What are your deepest, wildest, most expansive dreams for the world?
Are you willing to share them with someone? Who?
2. Have you ever had to build something as you go, maybe without a plan?
How was it?
3. What was meaningful for you in Seth's message today?

There is no after service forum today, forums will return in September.

Next Sunday, August 2nd, 2026, at 9 am (onsite only) & 10:45 am (online & onsite):

“A Spiritual Journey” with Ann Yeo

Ann Yeo (she/her) has been an active, engaged member of OUUC since 2001. She says, “I cannot imagine how my life would be now—if my husband and I had not found this spiritual community!” In this service, she will chronicle her spiritual journey.

Ann still maintains licensure as a Registered Nurse and certification as a Holistic Nurse, to allow for some volunteer activities. Historically, she is a retired Army Nurse Corps officer and a retired midwife.

Share the Plate Offering: Our Share the Plate organization for July and August is Puget Sound Estuarium:

OUUC member Diana Larsen-Mills and her husband Ken Guza founded Puget Sound Estuarium in 2007. The Estuarium focuses on environmental learning, stewardship, and community engagement. Its science-based programs serve learners from pre-kindergarten through adulthood, helping people understand and protect the waters, shorelines, species, and estuaries of the South Sound. The "Share the Plate" proceeds will enhance the Estuarium's scholarship fund so that these learning opportunities will be accessible to all.

If you write a check, please note "PLEDGE" if it is a pledge payment. All other donations in the basket will benefit the Share the Plate program.

- Checks can be mailed to: 2306 East End St NW, Olympia, WA 98502
- Donate online at: <https://onrealm.org/OUUC/give/offering>
- Donate by text: Text "OUUC offering" to 73256 to give using your mobile device. Messages and data rates may apply. Message frequency varies. Text HELP to 73256 for help. Text STOP to 73256 to cancel

We are collecting food for immigrant families for the next few weeks. Please check out the list of desired foods at the display in the Commons during coffee hour. For questions or more information **contact Naki Stevens.**

Find more details on these and other announcements in the Weekly Update:
<https://www.ouuc.org/weekly-update/>