When you don't give people the chance to say, "I hurt," they end up saying "I hate". *~Rev. Don Wheat*

Our spiritual practice for November is *"Healing"*.

Sunday, November 15th, 2026
"Decolonizing as Healing"

With Rev. Mary

What can healing look like in a world of colonization? As we enter the time of gratitude and thanksgiving, we explore the possibilities.

At OUUC, masks are welcome and optional. Please join us online if you don't feel well.

Kindly put your cell phones into Airplane Mode to help us ensure a meaningful experience for all in attendance, onsite and online.

Hearing assistance devices are available in the sanctuary at the tech desk.

Prelude *Troy Fisher (he/him)*

Morning Song *Congregation*
"Joy in the Morning"
Words & music: Adam Podd

We'll find joy in the mornin'
Joy in the mornin'
Joy in the mornin'
in the mornin' we'll find joy.

We find hope in our children
Hope in our children
Hope in our children
In our children we find hope

We find strength in each other
Strength in each other
Strength in each other
In each other, we find strength

There is love all around us
Love all around us
Love all around us
All around us there is love.

Welcome *Anne Kohlbry (she/her)*

In Memoriam: Pat Dickason *Rev. Mary Gear (she/her)*

Musical Interlude *Troy Fisher*

Chalice Lighting *Anne Kohlbry*
words of Lóre Stevens

Opening Words *Rev. Mary Gear*
"Call from the Past, Present, and Future"
By Tania Y Márquez

Opening Hymn *Congregation*
Hymn #1051 "We Are..."
Words & music: Ysaye M. Barnwell

For each child that's born,
a morning star rises and
sings to the universe
who we are.

For each child that's born,
a morning star rises and
sings to the universe
who we are.

We are our grandmothers' prayers
and we are our grandfathers' dreamings,
we are the breath of our ancestors,
we are the spirit of God.

We are mothers of courage and fathers of time,
we are daughters of dust and the sons of great visions,
we're sisters of mercy and brothers of love,
we are lovers of life and the builders of nations,
we're seekers of truth and keepers of faith,
we are makers of peace and the wisdom of ages.

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and we are our grandfathers' dreamings,
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Story for All *Rev. Sara Lewis*
Soil Layers of Oppression by mandi huizenga *(she/her)*

Musical Interlude *Troy Fisher*

Share the Plate Offering *Anne Kohlbry*

Offertory *Anna Garrett*
"Light of the Clear Blue Morning"
Words & music: Dolly Parton

It's been a long dark night
And I've been a-waitin' for the morning
It's been a long hard fight
But I see a brand new day dawning

I've been looking for the sunshine
You know I ain't seen it in so long
But everything's gonna work out just fine
And everything's gonna be alright
That's been all wrong

'Cause I can see the light of a clear blue morning
I can see the light of a brand new day
I can see the light of a clear blue morning
Oh, and everything's gonna be alright
It's gonna be okay

It's been a long, long time
Since I've known the taste of freedom
Those clinging vines
That had me bound, well, I don't need 'em

Oh, I've been like a captured eagle
You know, an eagle's born to fly
Now that I have won my freedom
Like an eagle, I am eager for the sky

'Cause I can see the light of a clear blue morning
I can see the light of brand new day
I can see the light of a clear blue morning
Oh, and everything's gonna be alright
It's gonna be okay

I can see the light of a clear blue morning
I can see the light of brand new day
I can see the light of a clear blue morning
Oh, and everything's gonna be alright
Everything's gonna be alright
Everything's gonna be alright
It's gonna be okay

But I can see the light of a clear blue morning
I can see the light of a brand new day
I can see the light of a clear blue morning
Oh, and everything's gonna be alright
Everything's gonna be alright
Everything's gonna be alright
It's gonna be okay

'Cause I can see the light of a clear blue morning
I can see the light of brand new day
I can see the light of a clear blue morning
Everything's gonna be alright
Everything's gonna be alright
Everything's gonna be alright
It's gonna be okay

Ritual of Sharing from the Heart *Rev. Mary Gear*

Prayerful Practice *Rev. Mary Gear*

Musical Response *Congregation*
Hymn #53 "I Walk the Unfrequented Road"
Words: Frederick Lucian Hosmer / Music: John Wyeth's
Repository of Sacred Music

I walk the unfrequented road with open eye and ear;
I watch afield the farmer load the bounty of the year.
I filch the fruit of no one's toil — no trespasser am I —
and yet I reap from every soil and from the boundless sky.
I gather where I did not sow, and bend the mystic sheaf,
the amber air, the river's flow, the rustle of the leaf.
A beauty springtime never knew haunts all the quiet ways,
and sweeter shines the landscape through its veil of autumn haze.
I face the hills, the streams, the wood, and feel with all akin;
my heart expands; their fortitude and peace and joy flow in.

Reading 1 *Anne Kohlbry*
"History of Colonization" by Sarah Trembath

Part 1: Colonization as Injury *Rev. Mary Gear*

Musical Interlude *Troy Fisher*

Reading *Anne Kohlbry*
An excerpt from *Decolonizing Wealth: Indigenous Wisdom to Heal Divides and Restore Balance* by Edgar Villanueva

Part 2: Decolonization as Healing *Rev. Mary Gear*

Closing Hymn *Congregation*
"Hold Fast to Love"
Words & music: Lynn Harrison

Hold fast to love for it's not broken
Hold fast to love it will endure
Hold fast to love hold your heart open
For all this hurt love is the cure

Hold fast to love it's staying right here
Despite the ones who've lost their way
Hold fast to love it shows the way clear
So we can face another day

Hold fast to love it's in our voices
Hold fast to love it's in our hands
Love rises up to guide our choices
There is no storm love can't withstand

Hold fast to love for it's not broken
Hold fast to love it will endure
Hold fast to love hold your heart open
For all this hurt love is the cure
For all this hurt love is the cure.

Closing Words & Extinguishing the Chalice *Rev. Mary Gear*
"Each of us ministers to a weary world" by Darcy Roake

Postlude *Troy Fisher*

Reflection Questions:

1. How has or does colonization affect you?
2. Can you imagine ways to heal the injury of colonization?
3. How do you or will you mark Thanksgiving Day?

The After-Service Forum today at 12:15: OUUC Board of Trustees and the Healthy Congregation Team: Update on the contract minister search and Listening Circle.

Next Sunday, November 22nd, 2026, at 9 am (onsite only) & 10:45 am (online & onsite):

"Faithful Imagination." with Rev. Liz Ullery Swenson

After Service Forum at 12:15: Come help with Greening the Sanctuary!

Share the Plate Offering: Our Share the Plate organization for November and December is **LISO, Legal Immigration Services of Olympia**:

> "LISO is a nonprofit organization dedicated to providing free, high-quality legal services to immigrants in detention. They advocate for those facing deportation, bringing dignity, due process, and human rights into a system that often denies them. Based here in Olympia, LISO, in conjunction with a collaborative community effort, serves individuals held at the Northwest ICE Processing Center in Tacoma—one of the largest immigration detention facilities in the country."

If you write a check, please note "PLEDGE" if it is a pledge payment. All other donations in the basket will benefit the Share the Plate program.

- Checks can be mailed to: 2306 East End St NW, Olympia, WA 98502
- Donate online at: https://onrealm.org/OUUC/give/offering
- Donate by text: Text "OUUC offering" to 73256 to give using your mobile device. Messages and data rates may apply. Message frequency varies. Text HELP to 73256 for help. Text STOP to 73256 to cancel

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At 2-3:30pm today all who are interested in learning more about OUUC or becoming a member are welcome at the **New UU/New Member class**. Today's topic is **"How We Care for Each Other"**, with Rev. Mary

Each week this year we are highlighting opportunities for getting engaged here at OUUC. This week's opportunity of the week is the Buildings & Grounds Team.

The B&G Team maintains and improves OUUC's Buildings, Parking Lots, and Landscaping, either doing the work themselves or finding other options. Working together to help to keep our shared space beautiful and efficient is one way that we express our love and commitment to our community. You can talk to

members of the B&G Team and Facility Manager, Jaydin Huber, in the Commons after the service.

Find more details on these and other announcements in the Weekly Update: https://www.ouuc.org/weekly-update/