When you don't give people the chance to say, "I hurt," they end up saying "I hate". *~Rev. Don Wheat*

Our spiritual practice for November is *"Healing"*.

Sunday, November 8th, 2026
"The Myths of Love"

With Rev. Mary

How do we hold the love of someone dear and the reality that they have done hurtful things? How can we recognize both and live with this very human complexity? This is the auction sermon requested this year.

At OUUC, masks are welcome and optional. Please join us online if you don't feel well.

Kindly put your cell phones into Airplane Mode to help us ensure a meaningful experience for all in attendance, onsite and online.

Hearing assistance devices are available in the sanctuary at the tech desk.

Prelude *Troy Fisher (he/him)*

Morning Song *Congregation*
Hymn #1017 "Building a New Way"
Words & music: Martha Sandefer, arr. Jim Scott

We are building a new way.
We are building a new way.
We are building a new way,
feeling stronger ev'ry day,
We are building a new way.

We are working to be free.
We are working to be free.
We are working to be free,
hate and greed and jealousy.
We are working to be free.

We can feed our every need.
We can feed our ev'ry need.
We can feed our ev'ry need,
Start with love, that is the seed.
We can feed our every need.

Peace and freedom is our cry.
Peace and freedom is our cry.
Peace and freedom is our cry,
Without these this world will die.
Peace and freedom is our cry.

Welcome *Curt Hill (he/him)*

Chalice Lighting *Curt Hill*
"Bring Your Broken Hallelujah Here"
words of Rev. Julián Jamaica Soto

Opening Words *Rev. Mary Gear*
"Blessing for the Brokenhearted" by Jan Richardson *(she/her)*

Opening Hymn *Congregation &*
"Come with Me" *OUUC Choir*
Words & music: Penny Blake

When it's dark, light a candle for kindness;
When it's dark, light a candle with love.
When it's dark, light a candle for me and for you.
Light a candle; its light will see us through.

Come with me, let's shine the light,
For in our hands lies hope tonight.
Come with me, the path is clear:
A land of hope is very near.

We have spent many days, many hours,
Fearing those that would tear us apart.
Light a candle and counter the hate and the fear,
And with courage we'll face the day anew.

Come with me, let's shine the light,
For in our hands lies hope tonight.
Come with me, the path is clear:
A land of peace is very near.

Come with me, let's shine the light,
For in our hands lies hope tonight.
Come with me, the path is clear:
A land of love is very near.

Story for All — *Rev. Sara Lewis (she/her)*
The Tree Who Set Boundaries by Topher Payne, a Re-Write of *The Giving Tree* by Shel Silverstein

Musical Interlude — *Troy Fisher*

Share the Plate Offering — *Curt Hill*

Offertory — *OUUC Choir*
"All of Me" — *Violin-Alistair Leon Kok*
From: A Vision Unfolding
Words & music: Kyle Pederson

Look at my skin.
Do you see only skin, or the soul within… do you see what's true?

Look who I love.
Do you view me as less, like none of the rest of me matters to you?

Turn off the talk on the air,
and the voices who seem to just care about dividing and hiding us where you won't see.

Look at my faith.
Do you see my creed, and choose to believe that's all of me?

Look at my vote.
On that alone are you likely to show contempt for me?

Turn off the talk on the air,
and the voices who seem to just care about dividing and hiding us where you won't see. You don't have to see.

But if you take the time to look at me, you'll see
the same fears and a good heart, and the same tears that tear you apart.
See the same love, the same hope,
the same need, the same joy.

See the same love, the same hope,
the same need, the same joy.

So look at my skin.
See the skin and the soul within. See what's true.

And look who I love.
And see my faith and my vote, but not those alone,
seek to know me, too.

Turn up the voices of truth. Learn to let mercy
through. Love will guide us to
a world where we see.

Will you see all of me?

Turn and see all of me.

Ritual of Sharing from the Heart *Rev. Mary Gear*

Prayerful Practice *Rev. Mary Gear*

Musical Response *Congregation*
Hymn #352 "Find a Stillness"
Words: Carl G. Seaburg / Music: Transylvanian hymn tune, harmony by Larry Phillips

Find a stillness, hold a stillness, let the stillness
carry me.
Find the silence, hold the silence, let the silence
carry me.
In the spirit, by the spirit, with the spirit giving
power,
I will find true harmony.

Seek the essence, hold the essence, let the essence
carry me.
Let me flower, help me flower, watch me flower,
carry me.
In the spirit, by the spirit, with the spirit giving
power,
I will find true harmony.

Reflection *Rebecca Jewel (she/her)*

Part 1: A Theology of Love and Evil *Rev. Mary Gear*

Musical Interlude *Troy Fisher*

Reading *Curt Hill*
"Love Is a Circle in Time" by the Rev. Dr. Rebecca Ann Parker

Part 2: The Myths of Love *Rev. Mary Gear*

Closing Hymn *Congregation*
"There Is a Love"
Words: Rebecca Parker / Music: Elizabeth Norton

There is a Love holding me.
There is a Love holding all that I love.
There is a Love holding all.
I rest in this Love.

There is a Love holding us.
There is a Love holding all that we love.
There is a Love holding all.
We rest in this Love.

We rest in this Love.

Closing Words & Extinguishing the Chalice *Rev. Mary Gear*
"The Broken World Awaits" by L.R. Knost

Postlude *Troy Fisher*

Reflection Questions:

1. Do you know any myths of love?
2. How do you understand boundaries?
3. Have you found ways to love those who have caused hurt? Would you want to?

The After-Service Forum today at 12:15: OUUC Emergency and Safety Training

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Next Sunday, November 15th, 2026, at 9 am (onsite only) & 10:45 am (online & onsite):

"Decolonizing as Healing" with Rev. Mary

What can healing look like in a world of colonization? As we enter the time of gratitude and thanksgiving, we explore the possibilities.

After Service Forum at 12:15: Conversation and Listening with the OUUC Board of Trustees

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Share the Plate Offering: Our Share the Plate organization for November and December is **LISO, Legal Immigration Services of Olympia**:

> "LISO is a nonprofit organization dedicated to providing free, high-quality legal services to immigrants in detention. They advocate for those facing deportation, bringing dignity, due process, and human rights into a system that often denies them. Based here in Olympia, LISO, in conjunction with a collaborative community effort, serves individuals held at the Northwest ICE Processing Center in Tacoma—one of the largest immigration detention facilities in the country."

If you write a check, please note "PLEDGE" if it is a pledge payment. All other donations in the basket will benefit the Share the Plate program.

- Checks can be mailed to: 2306 East End St NW, Olympia, WA 98502
- Donate online at: https://onrealm.org/OUUC/give/offering
- Donate by text: Text "OUUC offering" to 73256 to give using your mobile device. Messages and data rates may apply. Message frequency varies. Text HELP to 73256 for help. Text STOP to 73256 to cancel

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At 2-3:30pm today all who are interested in learning more about OUUC or becoming a member are welcome at the **New UU/New Member class**. Today's topic is **How to Connect at OUUC**, with Rev. Sara Lewis

This week's opportunity of the week is the Worship Arts Team. Team members help create and hold the sacred space for worship on Sunday mornings, with everything from speaking in the service to filling the water bowl for our stones.

You can speak to members of the Team in the Commons after the service. Please reach out to Rev. Mary if you are interested in serving on this team.

Find more details on these and other announcements in the Weekly Update: https://www.ouuc.org/weekly-update/